

Bright Kindness Bingo

Say "Thank You" to someone.	Put something into the Recycling.	Make someone laugh.	Hold open a door for someone.	Leave a note or snack for the mailman.
Visit a nursing home.	Do a chore without being asked.	Give a hug to a friend or family member.	Read to someone.	Call a family member who lives in a different town.
Give someone a compliment.	Pick up trash.	Free Space <i>(Fill in your own act of kindness)</i>	Smile at everyone you meet today.	Introduce yourself to a new friend at school.
Donate used books or toys.	Write a letter to someone.	Ask your mom or dad if they need help with something.	Organize an afternoon of games for family or friends.	Let someone in front of you in Line.
Make a bookmark for a friend.	Apologize to someone when you are wrong.	Make a Gratitude List.	Ask someone who is playing by themselves to play with you.	Write a note to a policeman thanking them for their service.